

# BEE HEALTHY FIRST



## HEALTH & WELLNESS FAIR

This is a free community event, designed to encourage healthy lifestyles, prevent and manage disease and connect you to resources.

**DATE:** Saturday, September 29, 2018

**TIME:** 10:00 AM - 2:00 PM

**WHERE:** Webster County Annex  
1922 US HWY 41A S.  
Dixon, KY 42409

### Activities:

- Health Screenings
- Health Presentations
- Vendor Booths
- Yoga Class
- Lunch (first 200)
- Doorprizes



Visit our website for a list of vendors  
and schedule of activities.  
[HealthFirstCHC.net](http://HealthFirstCHC.net)



**Health First**  
Community Health Center